

Holy Week is the most sacred time of the year. During it, we follow Jesus' journey to the Cross and His glorious Resurrection. Each day teaches us about His love and sacrifice. Let's prepare our hearts to welcome the Risen Christ!

Holy Week

Walking with Jesus to Pascha

IMPORTANT DAYS OF HOLY WEEK

Palm Sunday Evening – The Bridegroom Service

Jesus is the Bridegroom, coming to save us. We must be ready to welcome Him into our hearts.

- ☛ For Children: Ask Jesus to help you prepare for Pascha.
- ☛ For Parents: Talk about how we can keep our hearts open to Christ through prayer and love.

Holy Monday, Tuesday, & Wednesday

We hear stories that remind us to be faithful, watchful, and loving.

- ☛ For Children: Do a kind act secretly, just as Jesus teaches.
- ☛ For Parents: Read a Gospel story together and discuss its lesson.

Holy Wednesday – Holy Unction

Jesus heals us inside and out. This service is for healing of the soul and body.

- ☛ For Children: Ask Jesus to heal your heart and forgive mistakes.
- ☛ For Parents: Take your child to be anointed with Holy Oil.

Holy Thursday – The Last Supper

Jesus gives us the Holy Eucharist and washes His disciples' feet, showing humility and love.

- ☛ For Children: Receive Holy Communion with prayerful preparation.
- ☛ For Parents: Receive Holy Communion and explain the importance of the Eucharist and Christ's example of serving others.

Holy Friday – The Crucifixion

Jesus dies on the Cross for us. We venerate the Epitaphios (His Tomb) with love.

- ☛ For Children: Be quieter and prayerful on this day and attend the church services.
- ☛ For Parents: Attend the Holy Friday services and discuss Jesus' great love.

Holy Saturday – The Harrowing of Hades

Jesus frees those who waited for Him before rising from the dead!

- ☛ For Children: Help prepare a Pascha basket and get ready for the midnight service.
- ☛ For Parents: Teach children that even in sadness, hope is coming.